



LISA BRADLEY-MITCHELL

EXECUTIVE COACH | Arbinger Institute

ABOUT ARBINGER

Arbinger is the world leader in mindset change. Through training, consulting, coaching, and implementation programs, Arbinger enables individuals, teams, and organizations to change from the default self-focus of an inward mindset to the impact-focus of an outward mindset. Arbinger provides strategies and behavioral reinforcements that sustain this change. The result is dramatic and sustained improvement in the key success indicators of our client organizations—in their levels of collaboration, employee engagement, accountability, revenue growth, market share, and profitability.

Arbinger's programs and methodology are based on 45 years of research in the psychology of human behavior and motivation, and more than 40 years of experience working with organizations worldwide in the corporate, healthcare, education, government, public safety, and nonprofit sectors. The Arbinger team is comprised of individuals from diverse backgrounds and industries who possess the ability to help individuals and organizations achieve success through a fundamental change in mindset. Arbinger has offices in nearly 30 countries.

Lisa Bradley-Mitchell is a veteran trainer and coach with 25 years of experience in human resource development. She has provided direct support to clients and led national teams responsible for employee training, leadership development, performance improvement, and executive coaching.

Lisa draws on a multidisciplinary foundation to help clients identify their skills and capabilities, align them with their professional goals, and establish actionable plans to achieve those goals. She specializes in leadership development and career transition coaching. She enjoys partnering with leaders to help them deliver employee development solutions in support of their organizational strategy. She has worked with clients in the for-profit and nonprofit sectors, including in financial services, retail, energy, advertising, and academia.

Lisa is an active member of the International Coach Federation (ICF) and the International Society for Performance Improvement (ISPI) and has served on the board of directors for the ICF Michigan chapter. She has supported her local community by providing coaching services for Women for Change Coaching Community and the Career Center of Chicago.

Lisa holds an M.A. in human development from Fielding Graduate University, an M.S. in education from Capella University, a graduate certificate in evidence based coaching from Fielding Graduate University, and a certificate in human resource management from Capella University. She is designated as a Certified Performance Technologist by ISPI and an Associate Certified Coach (ACC) by the ICF. She is pursuing a doctorate in multidisciplinary human services leadership from Capella University.